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International multi-sport events for disabled athletes

Ice Sledge Hockey: United States (blue shirts) vs Japan (white shirts) during the 2010 Paralympics in Vancouver.

The Paralympic sports comprise all the sports contested in the Summer and Winter Paralympic Games.

As of 2020, the Summer Paralympics included 22 sports and 539 medal events,[1] and the Winter Paralympics include 5 sports and disciplines and about 80 events.

[2] The number and kinds of events may change from one Paralympic Games to another.

The Paralympic Games are a major international multi-sport event for athletes with physical disabilities or intellectual impairments.

This includes athletes with mobility disabilities, amputations, blindness, and cerebral palsy.

Paralympic sports refers to organized competitive sporting activities as part of the global Paralympic movement.

These sports are organized and run under the supervision of the International Paralympic Committee and other international sports federations.

History [edit]

Archery: Lindsey Carmichael from the United States, at the 2008 Paralympic Games in Beijing.

Organized sport for persons with physical disabilities developed out of rehabilitation programs.

Following World War II, in response to the needs of large numbers of injured ex-service members and civilians, sport was introduced as a key part of rehabilitation.

Sport for rehabilitation grew into recreational sport and then into competitive sport.

The pioneer of this approach was Ludwig Guttmann of the Stoke Mandeville Hospital in England.

In 1948, while the Olympic Games were being held in London, England, he organized a sports competition for wheelchair athletes at Stoke Mandeville.

This was the origin of the Stoke Mandeville Games, which evolved into the modern Paralympic Games.[3]

Organization [edit]

Globally, the International Paralympic Committee is recognized as the leading organization, with direct governance of nine sports, and responsibility over the Paralympic Games and other multi-sport, multi-disability events.

Other international organizations, notably the International Wheelchair and Amputee Sports Federation (IWAS), the International Blind Sports Federation (IBSA), International Sports Federation for Persons with Intellectual Disability (INAS) and the Cerebral Palsy International

Sports and Recreation Association (CP-ISRA) govern some sports that are specific to certain disability groups.

[4] In addition, certain single-sport federations govern sports for athletes with a disability, either as part of an able-bodied sports federation such as the International Federation for Equestrian Sports (FEI), or as a disabled sports federation such as the International Wheelchair Basketball Federation.[5]

At the national level, there are a wide range of organizations that take responsibility for Paralympic sport, including National Paralympic Committees,[6] which are members of the IPC, and many others.[citation needed]

Disability categories [edit]

Cycling: Karissa Whitsell and Mackenzie Woodring (pilot) from the United States, compete in Beijing 2008

Biathlon: Andy Soule from the United States, at the 2010 Paralympics in Vancouver.

Athletes who participate in Paralympic sport are grouped into ten major categories, based on their type of disability:

Physical Impairment - There are eight different types of physical impairment recognized by the movement:

Impaired muscle power - With impairments in this category, the force generated by muscles, such as the muscles of one limb, one side of the body or the lower half of the body is reduced, e.g. due to spinal-cord injury, spina bifida or polio.

- With impairments in this category, the force generated by muscles, such as the muscles of one limb, one side of the body or the lower half of the body is reduced, e.g. due to spinal-cord injury, spina bifida or polio.

Impaired passive range of movement - Range of movement in one or more joints is reduced in a systematic way.

Acute conditions such as arthritis are not included.

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Loss of limb or limb deficiency - A total or partial absence of bones or joints from partial or total loss due to illness, trauma, or congenital limb deficiency (e.g.dysmelia).

- A total or partial absence of bones or joints from partial or total loss due to illness, trauma, or congenital limb deficiency (e.g.dysmelia).

Leg-length difference - Significant bone shortening occurs in one leg due to congenital deficiency or trauma.

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Short stature - Standing height is reduced due to shortened legs, arms and trunk, which are due to a musculoskeletal deficit of bone or cartilage structures.

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Hypertonia - Hypertonia is marked by an abnormal increase in muscle tension and reduced ability of a muscle to stretch.

Hypertonia may result from injury, disease, or conditions which involve damage to the central nervous system (e.g.cerebral palsy).

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Ataxia - Ataxia is an impairment that consists of a lack of coordination of muscle movements (e.g. cerebral palsy, Friedreich's ataxia).

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Athetosis - Athetosis is generally characterized by unbalanced, involuntary movements and a difficulty maintaining a symmetrical posture (e.g.

cerebral palsy, choreoathetosis).

Visual Impairment - Athletes with visual impairment ranging from partial vision, sufficient to be judged legally blind, to total blindness.

This includes impairment of one or more component of the visual system (eye structure, receptors, optic nerve pathway, and visual cortex).

[7] The sighted guides for athletes with a visual impairment are such a close and essential part of the competition that the athlete with visual impairment and the guide are considered a team.

Beginning in 2012, these guides (along with sighted goalkeepers in 5-a-side football) became eligible to receive medals of their own.[8][9]

Intellectual Disability - Athletes with a significant impairment in intellectual functioning and associated limitations in adaptive behaviour.

The IPC primarily serves athletes with physical disabilities, but the disability group Intellectual Disability has been added to some Paralympic Games.

This includes only elite athletes with intellectual disabilities diagnosed before the age of 18.

[7] However, the IOC-recognized Special Olympics World Games are open to all people with intellectual disabilities.[10][11]

The disability category determines who athletes compete against and which sports they participate in.

Some sports are open to multiple disability categories (e.g. cycling), while others are restricted to only one (e.g.

Five-a-side football).

In some sports athletes from multiple categories compete, but only within their category (e.g. athletics), while in others athletes from different categories compete against one another (e.g. swimming).

Events in the Paralympics are commonly labelled with the relevant disability category, such as Men's Swimming Freestyle S1, indicating athletes with a severe physical impairment, or Ladies Table Tennis 11, indicating athletes with an intellectual disability.[12]

Classification [edit]

Swimming at the 2008 Summer Paralympics

A major component of Paralympic sport is classification.

[7] Classification provides a structure for competition which allows athletes to compete against others with similar disabilities or similar levels of physical function.

It is similar in aim to the weight classes or age categories used in some non-disabled sports.

Athletes are classified through a variety of processes that depend on their disability group and the sport they are participating in.

Evaluation may include a physical or medical examination, a technical evaluation of how the athlete performs certain sport-related physical functions, and observation in and out of competition.

Each sport has its own specific classification system which factors into the rules for Olympic competition in the sport.[citation needed]

Summer Paralympics [edit]

Current summer sports [edit]

The following table lists the currently practiced Paralympic sports,

Wheelchair basketball: Iran vs South Africa at the 2008 Summer Paralympics.

Discontinued summer sports [edit]

Winter Paralympics [edit]

Current winter sports [edit]

Alpine skiing: Talan Skeels-Piggins from Great Britain at the Winter Paralympics 2010 in Vancouver.

Discontinued winter sports [edit]

Sport Eligible impairments Governing body Paralympic Games status Physical Visual Intellectual
Ice sledge racing Yes Winter Sport (1980–1988, 1994–1998)

Possible future winter sports [edit]

Bob Balk, the chairman of the International Paralympic Committee (IPC) Athletes' Council, launched a campaign in early 2012 to have sliding sports (bobsleigh, luge and skeleton) included at the 2018 Winter Paralympics in Pyeongchang, South Korea.[13]

At the meeting in Madrid, Spain, on 10 and 11 September 2018, the IPC executive board announced that Para Bobsleigh had failed in some evaluation criteria and would not be part of the official program for the 2022 Winter Paralympic Games.[14]

Abbreviations [edit]Notes [edit]

The categories listed represent all those groups that participate in this sport at some level.

Not all these categories are represented in competition at the Paralympic Games.

The governing bodies listed represent those organizations responsible for the broadest level of participation.

In some cases, other disability-specific organizations will also have some governance of athletes in that sport within their own group.

For example, the IPC governs multi-disability athletics competitions such as the Paralympic Games; however, CP-ISRA, IBSA, and IWAS provide single-disability events in athletics for athletes with cerebral palsy, visually impaired athletes, and wheelchair and amputee athletes respectively.

Paralympic Games status details the years these sports were practiced as full medal events at the Paralympic Games.

See also [edit]

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O mundo das apostas esportivas pode ser emocionante e, às vezes, lucrativo. No entanto, é importante entrar neste mundo com os pés no chão e com uma estratégia sólida. A primeira coisa a se saber sobre o Sport Bet é que nem todos os dias são bons para apostar. Portanto, é fundamental ser paciente e aguardar as melhores oportunidades.

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Conclusão

Resposta

Qual é a melhor estratégia para um jogador novato em apostas esportivas?

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Quando Sadiq Khan lançou valsport bet campanha para um terceiro mandato como prefeito trabalhista de Londres, ele colocou suas políticas verdes valsport bet primeiro plano e no centro da cidade.

O prefeito, que no ano passado publicou um livro chamado Breathe: Seven Ways to Win a Greener World (Respirem Respirar – Sete Maneiras de Ganhar Um Mundo Mais Verde), tem sido amplamente elogiado por seu trabalho na luta contra o ar poluído e seus esforços para restaurar valsport bet natureza até 2030.

Mas depois de oito anos na prefeitura, o que exatamente foi alcançado – eo quê os eleitores podem esperar se ele ganha um terceiro mandato quando londrinos vão às urnas semana próxima?

De acordo com Paul Morozzo, do Greenpeace que analisou as políticas de Khan e Sadiq Khan rival Tory Susan Hall a política climática dos dois candidatos é como "chalk and cheese".

"Embora ainda haja muito espaço para melhorias do prefeito de Londres, clima e natureza são claramente as principais prioridades da Sadiq Khan", disse Morozzo.

A análise do Greenpeace das políticas ambientais dos dois candidatos dá a Khan 23,5 pontos de um possível 45, Sadiq Khan comparação com 7,5 para Hall.

Susan Hall, candidata conservadora para prefeito de Londres e a presidente da Câmara dos Deputados Sadiq Khan Paris (Londres), marcou apenas 7 pontos por 45 nas suas políticas ambientais comparada com o resultado do Khan na casa das 23,5.

{img}: Tayfun Salci/Zuma Press Wire / Rex e Shutterstock

E as credenciais ambientais de Khan podem ser críticas no concurso da próxima semana. Em 2024, quase todos os cerca 200 mil votos Sadiq Khan primeira preferência do candidato Partido Verde Sadiq Khan foram para o primeiro turno e tomaram Sadiq Khan eventual liderança sobre Shaun Bailey dos Conservadores entre 5% a 10%

Este ano, a eleição está sendo realizada Sadiq Khan um sistema diferente: primeiro passado o post. Então Khan capacidade de persuadir os eleitores verdes não dividirem as votações progressistas mas apoiá-lo desde logo poderia ser decisivo".

Shaun Spiers, do grupo Aliança Verde acredita que os eleitores preocupados com o meio ambiente poderiam fazer muito pior Sadiq Khan comparação a ficar de olho no Khan.

"Em termos gerais, seu registro tem sido muito impressionante", disse Spiers. Ele colocou o ambiente no centro do palco e vinculou criticamente as emergências climáticas à natureza de uma maneira incomum nos políticos - particularmente os locais".

De acordo com especialistas que falaram ao Guardian, as principais conquistas verdes de Khan incluem:

Um programa de re-selvagem que reintroduziu uma série das espécies, incluindo castores ; espaços verdes expandidos e incluiu um grande Programa para Plantar Árvore.

No entanto, todos aqueles que falaram com o Guardian também criticaram Khan por avançarem no túnel Silvertown uma nova estrada de quatro pistas sob a margem do rio Tamisa. Médicos e grupos ambientais se opõem ao esquema para aumentar os níveis da poluição atmosférica Sadiq Khan algumas das partes mais pobres - um pedido contra as disputas entre eles é chamado "Khan".

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Ativistas da Rebelião de Extinção e do Caos Climático Defund se juntaram ao grupo Stop Silvertown Tunnel Sadiq Khan um protesto antes das conferências climáticas Cop26.

{img}: Sabrina Merolla/Zuma Press Wire / Rex e Shutterstock

Jon Burke, ex-conselheiro trabalhista Sadiq Khan Hackney que supervisionou um programa ambiental de longo alcance no bairro disse Silvertown foi exemplo do prefeito não conseguir fazer as profundas mudanças estruturais necessárias para enfrentar os desafios da escalada das emergências climáticas.

"Quando comparado com os outros políticos no Reino Unido, a entrega de infraestrutura para ciclismo e expansão da zona ultrabaixa faz Sadiq parecer um líder climático", disse ele.

Mais necessário fazer para reduzir o tráfego, reformar casas e diminuir as emissões de poluentes.

"E ao continuar com Silvertown ele incorporou significativa emissão dos transportes nas gerações vindouras Sadiq Khan um momento no qual deveríamos estar movendo céu ou terra a fim drasticamente reduzi-las."

A Dra. Maya Singer Hobbs, do thinktank IPPR disse que não entendeu a lógica por trás de Silvertown mas Khan mostrou coragem valsport bet uma série das questões ambientais particularmente quando ele se manteve nervoso diante da reação feroz à expansão dos Ulez no ano passado ”.

"O importante é que ele mostrou liderança real tanto no clima quanto ambiente e qualidade do ar valsport bet um momento quando eu realmente não acho, nós vimos isso de muitos outros líderes políticos. Eu penso... Acho Que provavelmente vamos olhar para trás como alguém quem estava liderando o caminho na Qualidade Do Ar", disse ela!

O cantor Hobbs disse que o trabalho de Khan deu a muitos conselhos uma cobertura para avançar com seus próprios esquemas, melhorando assim valsport bet qualidade do ar e saúde pública.

E enquanto havia mais trabalho a fazer valsport bet tudo, desde atingir o objetivo zero líquido até introduzir isolamento doméstico e bombas de calor s vezes há muito para se trabalhar com os trabalhadores. O cantor Hobb disse que Khan venceu por uma vitória trabalhista nacionalmente - isso poderia desbloquear muitas medidas ambientais cruciais ainda maiores do mundo todo!

"Seria muito interessante ver o quão ousado ele seria se isso acontecesse", disse ela.

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